

# Navigating ethical review



## Do you need to go to an ethics committee?

Check out this useful decision tool to identify what is classed as research: [bit.ly/2MdieiA](http://bit.ly/2MdieiA)

## Things that bother reviewers

- ✓ How do you **justify** recruiting children and young people?
- ✓ How have you **involved** children and young people?
- ✓ Is the balance between potential **benefits, harms** and **burdens** reasonable?
- ✓ Are **consent, assent** and **dissent** procedures adequate?



## Making work easier to review

Write a title that says 'what's in the tin'

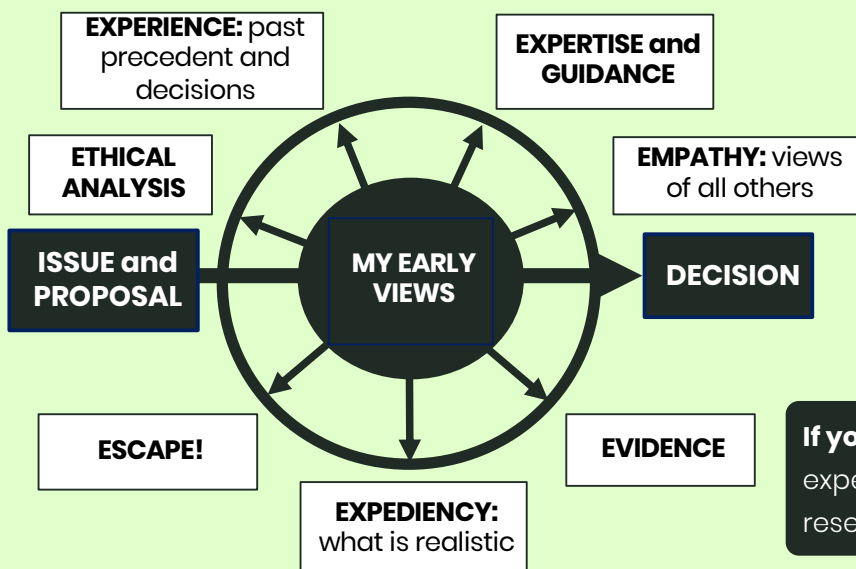
Have a clear research question and purpose

Write in plain English, explaining jargon and acronyms

See your project from the point of view of participants

## Handling 'tricky' issues using a decision tool

Turning to "external referents" - [bit.ly/2Pay4J8](http://bit.ly/2Pay4J8)



**If you can't beat them, joint them!** RECs need your expertise and it will develop your understanding of research and medical ethics along the way!

## Attending a review

If you're allowed and able to do so, attend the ethics review meeting. It may help to resolve any issues there and then!

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