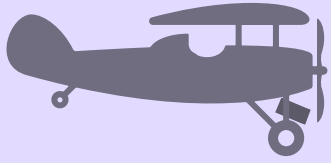


# How to involve children and young people in research

“Research being carried out with or by children and young people, rather than to, about or for them”



*Involve children and young people for moral, and pragmatic reasons – it's the right thing to do, and can help to improve the quality of research!*

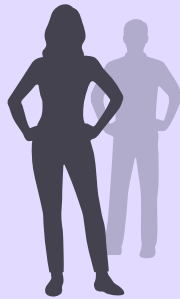


## Asking the right research question

**Prioritising research topics and questions**, ranging from **informal focus group** discussions and **questionnaires**, through to more formal and structured processes, such as a James Lind Alliance **Priority Setting Partnerships**.

Involvement models

Consultation  
Collaboration  
User-led

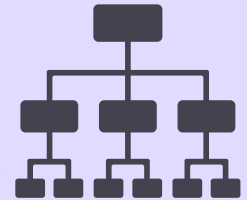


## Developing and planning a project

Commenting and advising on **protocols**, including research questions, methodology, specific methods and **research instruments** used in the project, for example, **consent** and **assent forms**, participant **information sheets** and interview **topic guides**.

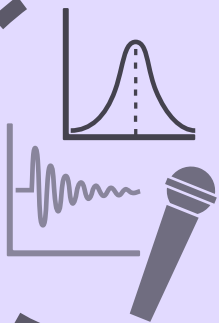
## Research conduct and operations

Involvement in the management and conduct of projects can take several forms, including as members of project/**trial steering committees** and **advisory groups**, through to children and young people acting independently as **co-researchers/peer researchers** with management responsibilities.



## Data collection and analysis

Data collection activities may include: disseminating **surveys** to peers, co-facilitating **focus groups** and conducting **peer-to-peer interviews**. Data analysis activities may include: identifying and refining **themes** from qualitative data, **commenting** on quantitative analysis and how to portray these findings, and helping to **draw conclusions** to be exploited in future research. Children and young people may also be involved as researchers themselves, drawing on **participatory action research methods**.



## Dissemination of study findings

From **press releases, blogs** and **social media** posts, to co-authoring journal **publications**, funding **reports** and co-presenting at **conferences**. Enable children and young people to guide you in communicating your research!

**Summary publication date: April 2019. Prepared by Simon R Stones.**

This is a summary of the article 'Framework to help design and review research involving children', published by Jennifer Preston, Simon R Stones, Hugh T Davies and Bob Phillips in Archives of Disease in Childhood in 2019.